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www.facebook.com/wcfoodbank

www.westcheshire.foodbank.org.uk

Happy New Year



This period is always a little quiet after a lot of activity in the run up to Christmas - but we hope everyone will try to maintain their support, because the demand for our help can often increase. Thank you for your continued support as we move into 2019!

<https://westcheshire.foodbank.org.uk/give-help/>

Lent 2019

Lent this year runs from Wednesday 6th March until Thursday 18th April.

If you are giving up something this year, why not use the opportunity to support us by passing your saving on. One example would be to donate 40p that you would have spent each day on chocolate, meat, alcohol, cake or whatever, to our “**40 for 40 appeal**” But don't feel limited to 40p.

All you have to do is find an old jam jar, or similar container, and start collecting! Then bank the contents and send a cheque together with our Gift Aid Form to:

West Cheshire Foodbank, Unit 3-4 Stanney Mill Industrial Estate, Dutton Green, Chester, CH2 4SA

Cheques made payable to West Cheshire Foodbank

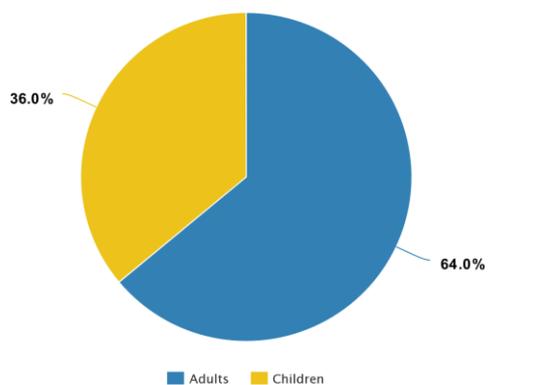
Alternatively, you can donate online at: www.westcheshire.foodbank.org.uk/donate-money

Thank-you Alice!



A big thank you to the fantastic Alice who collected and donated loads of food to us as part of her Brownie Charity Badge! She even made and distributed leaflets! A great example we hope others may follow. Thanks to mum, Emily, for the pics.

Some 2018 Figures



Overall in 2018 we provided food to a total of 8,909 people, 5,698 (64%) adults and 3,211 (36%) children.

From January to June 2018, we provided food to a total of 4,206 people - 1,451 of which were children. From July to December 2018, we provided food to a total of 4,703 people - 1,706 of which were children. The figures for the second half of the year were almost a 12% increase on the first half of the year.

Sponsored Supporters

A big thank you in advance to two of our supporters who are organising / participating in sponsored events to raise money for West Cheshire Foodbank.

After holding a successful collection for us before Christmas, Anthony and his friends from work are walking up Snowdon on February 24th! Thomas is also planning to run the Chester Half Marathon this year to raise money for us!

Thanks to everyone involved in these events for supporting us. Keep an eye out on our social media where we will share any updates. If you are planning on raising funds for foodbank, do let us know so we can share your enthusiasm and encourage others.

Items Needed



Warehouse supplies of UHT milk and UHT juice are running low. We currently have plenty of beans, pasta and tinned soup.