

# CHURCH-AT-HOME this Lent



This 'Church-at-Home' pack belongs to...

-----

-----



Many of us rush through Holy Week forgetting how wonderfully full of dramatic events it was. This Easter series gives us seven sessions that can either be used once a week over Lent, or if you have enough time to set aside you could attempt to do it once a day over the week between Palm Sunday and Easter Day. Eitherway, it is hard for churches to fit the full story of Jesus' death and resurrection into their weekly teaching so often children miss out on being taught and experiencing the different elements of the Easter story.

## HOW TO USE THIS 'CHURCH-AT-HOME PACK'

This material is designed for you to have fun with your family at home as you worship God together each week!

Each session will focus on a different bible passage to read, as well as family games, crafts, activities and prayers to do together. Then, later in the week, you can use the age-related activities for each person to do alone (though you may need to help your littlest ones). These activities are to let the word of God continue to move and inspire you.

The resources at the back of this pack will provide you with activities, templates and materials to make the most of your time. Occasionally, you might need some extra equipment like pens, scissors or glue.

Enjoy!

# Lent 1

## Palm Sunday

### Grow...

As Jesus and his disciples approached Jerusalem, they came to the Mount of Olives. Jesus sent two of the disciples on ahead with these instructions: "Go to the village there ahead of you, and at once you will find a donkey tied up with her colt beside her. Untie them and bring them to me. And if anyone says anything, tell him, 'The Master needs them'; and then he will let them go at once." This happened in order to make come true what the prophet had said:

"Look, your king is coming to you!  
He is humble and rides on a donkey."

So the disciples went and did what Jesus had told them to do: they brought the donkey and the colt, threw their cloaks over them, and Jesus got on. A large crowd of people spread their cloaks on the road while others cut branches from the trees and spread them on the road. The crowds walking in front of Jesus and those walking behind began to shout,

"Hosanna to the Son of David!

God bless him who comes in the name of the Lord!  
Praise be to God!"

When Jesus entered Jerusalem, the whole city was thrown into an uproar. "Who is he?" the people asked. "This is the prophet Jesus, from Nazareth in Galilee," the crowds answered.

**Matthew 21**

### Activity...

Use template in the resource pack to make a Hosanna postcard each. You will need colouring pens/pencils and everyone should colour one to keep as a reminder of today's story. Whilst you are colouring play praise and worship music in the background.

### Come...

We are about to hear the start of the most wonderful week in the history of the world. Ask everyone to fetch something that makes them very happy. It could be an object, some clothing, a photo etc. Bring them together and ask everyone to share why they chose it and what it makes them feel! Explain that in today's Bible passage we are about to hear that the people who saw Jesus were so happy the only thing they could grab were branches from trees and their coats....



Why did Jesus choose a donkey to ride on?



What is the importance of the crowds calling Jesus 'the Son of David'?

### Prayer...

Dear Father, Thank you for Jesus!  
Show us ways that we can praise him this week with our words and our actions! Amen

## THIS WEEK...



### LITTLES:

Go on a hunt for a really great stick. Then cut out the template of the plain leaf in the resource pack. Decorate your leaf with green pens/paints/crayons. Wrap tape around the top and the bottom of your leaf to fix it onto the stick. You can add ribbons or bells to make it even more fabulous. Enjoy waving it while you listen to some worship music!

### SCHOOL-AGE:

Using the templates in the resource pack print off 10 copies of the palm branch and 1 copy of the 'hallelujah' letters. Carefully cut around each palm branch and each letter, then colour and stick the letters onto each palm. Get a long piece of ribbon or string, and (in the right order!) hang your Hallelujah leaves by folding over the stalk and taping over the string or ribbon.

### TEENS AND ADULTS:

Spend time this week praising Jesus for who he is. In the resource pack is a sheet with names for God. You may want to meditate on these names, or cut out the names that mean something to you right now, or you could encourage a friend by sending one to them. However you do it enjoy worshipping the King of kings!

# Lent 2

## Washing feet



### Grow...

It was the day before the Passover Festival. Jesus and his disciples were at supper and he rose from the table, took off his outer garment, and tied a towel around his waist. Then he poured some water into a washbasin and began to wash the disciples' feet and dry them with the towel around his waist. He came to Simon Peter, who said to him, "Never at any time will you wash my feet!" "If I do not wash your feet," Jesus answered, "you will no longer be my disciple." Simon Peter answered, "Lord, do not wash only my feet, then! Wash my hands and head, too!" Jesus said, "Those who have taken a bath are completely clean and do not have to wash themselves, except for their feet. All of you are clean—all except one." (Jesus already knew who was going to betray him; that is why he said, "All of you, except one, are clean.") After Jesus had washed their feet, he put his outer garment back on and returned to his place at the table. "Do you understand what I have just done to you?" he asked. "You call me Teacher and Lord, and it is right that you do so, because that is what I am. I, your Lord and Teacher, have just washed your feet. You, then, should wash one another's feet. I have set an example for you, so that you will do just what I have done for you. I am telling you the truth: no slaves are greater than their master, and no messengers are greater than the one who sent them. Now that you know this truth, how happy you will be if you put it into practice! **John 13**



What is the importance of washing feet in Jesus' time? And why don't we do it now?

Do you remember a time when someone served you? What difference did it make?

### Come...

Put everyone's name into a hat and let each person pull out a name. Before you read today's passage think of one nice thing you can do for that person. You may want to make them a cup of tea, or get their slippers, or offer them the best seat...Be creative! How did it make you feel? Today's story is all about serving others, even if you're the boss!



**WHY NOT GET A WARM BASIN OF WATER, SOME BUBBLY SOAP AND A TOWEL AND OFFER TO WASH YOUR FAMILY'S FEET!?**

### Activity...

In the resource pack are 20 ideas you can use to serve your neighbourhood. Why don't you look through them and decide which ones you will do this lent season? Plan some time as a family to put them into action this week!

### Prayer...

Dear Father, Thank you for the way Jesus showed us how to be a servant!  
Help us find ways that we can serve other people this week! Amen

## THIS WEEK...



### LITTLES:

Have fun getting creative with home-made body paints. You will need to ask a grown-up to help you mix up 1 tbs moisturising cream with 1 tsp cornflour and a drop of food-colouring! You can make lots of different colours, then using your fingers paint your body. Your grownup might prefer you to do this in the bath, but either way you can have fun painting your body.

### SCHOOL-AGE:

This week make some delicious Chocolate Bark to bless someone special. The recipe is in the resource pack and there is a template to cut out and make a gift-box for your finished Bark. Why not surprise someone in your community (your doctor, teacher, shop keeper, postman etc) by giving these as encouraging gifts?!

### TEENS AND ADULTS:

Think of ways you can spend time this week serving and encouraging people around you. One way Jesus served his disciples (and us!) is by praying for us. Make a list of people you are going to pray for and serve over lent. You may want to use the exercise in the resource pack to think about who and how you can serve.

# Lent 3

## Last Supper



### Come...

Between all the events of holy week we know that Jesus had some great friends, but he also had one that was plotting to hurt him. By this stage Judas had already been paid 30 pieces of silver to betray Jesus. Give each person a copy of the Bingo sheet to tick off the objects or events that they hear as you read through the passage. Shout BINGO once you have them all!



## CAN YOU MAKE SOME UNLEAVENED BREAD (LIKE PITTA BREAD) AND REMIND EACH OTHER OF THE FIRST PASSOVER IN EXODUS 12?

### Activity...

The passover was a time for God's people to remember how faithful God is. Each person will need a stone or large pebble and some colouring felt pens. Spend time together colouring the stones (rainbow, dove, bible verse etc) to remind yourself that God is always faithful.



- What are some of the other links between Jesus' death and passover?
- Do you celebrate God's faithfulness enough?

### Grow...

On the first day of the Festival of Unleavened Bread, two disciples went to the city, and prepared the Passover meal. When it was evening, Jesus came with the twelve disciples. While they were at the table eating, Jesus said, "I tell you that one of you will betray me—one who is eating with me." The disciples were upset and began to ask him, one after the other, "Surely you don't mean me, do you?" Jesus answered, "It will be one of you twelve, one who dips his bread in the dish with me. The Son of Man will die as the Scriptures say he will; but how terrible for that man who will betray the Son of Man! It would have been better for that man if he had never been born!"

While they were eating, Jesus took a piece of bread, gave a prayer of thanks, broke it, and gave it to his disciples. "Take it," he said, "this is my body." Then he took a cup, gave thanks to God, and handed it to them; and they all drank from it. Jesus said, "This is my blood which is poured out for many, my blood which seals God's covenant. I tell you, I will never again drink this wine until the day I drink the new wine in the Kingdom of God." Then they sang a hymn and went to the Mount of Olives. **Mark 14**

### Prayer...

Dear Father, Thank you that you have always been faithful. Help us remember your faithfulness during the passover, at Easter and to us now! Amen

## THIS WEEK...



### LITTLES:

You can make friendship necklaces for a few of your friends. You will need some string or wool, some Cheerios cereal and two marshmallows for each one. Look in the resource pack to find out how to make these tasty friendship necklaces and enjoy wearing and eating them with your friends!

### SCHOOL-AGE:

Last week we made treats for our community; today you can make some friendship pockets for your friends. Use the template in the resource pack, then fill each pocket with one or two sweets or candies! Enjoy giving them to your friends!

### TEENS AND ADULTS:

Over the coming days spend some time sending notes or letters of appreciation to friends and people who have influenced you. In the resource pack is a template for you to cut out and enjoy making your own cards/envelopes.



# Lent 4

## Jesus Prays



### Grow...

Jesus left the city and went, as he usually did, to the Mount of Olives; and the disciples went with him. When he arrived at the place, he said to them, "Pray that you will not fall into temptation." Then he went and knelt down and prayed. "Father," he said, "if you will, take this cup of suffering away from me. Not my will, however, but your will be done." Rising from his prayer, he went back to the disciples and found them asleep, worn out by their grief. He said to them, "Why are you sleeping? Get up and pray that you will not fall into temptation."

Jesus was still speaking when a crowd arrived, led by Judas, one of the twelve disciples. He came up to Jesus to kiss him. But Jesus said, "Judas, is it with a kiss that you betray the Son of Man?" When the disciples who were with Jesus saw what was going to happen, they asked, "Shall we use our swords, Lord?" And one of them struck the High Priest's slave and cut off his right ear. But Jesus said, "Enough of this!" He touched the man's ear and healed him.

**Luke 22**

### Prayer...

Dear Father, Thank you that we can talk to you in freedom, wherever we are. Please help us learn from Jesus' example and show us how to listen to your voice. Amen

### Come...

See if you can come up with the funniest answers to the these 'where could you' scenarios...

- Where could you go for a bath?
- Where could you go for a bike ride?
- Where could you go to eat your breakfast?
- Where could you go swimming?
- Where could you go to pray?

Jesus often did things in an unexpected way. Instead of going to the temple to pray Jesus goes up a mountain!

### Activity...



Prayer doesn't have to be boring, instead you should see it as a wonderful interaction between you and God who loves and made you! Use the sensory prayer journey in the resource pack to experience prayer in a new and dynamic way.

### PARENTS: FOR MORE HELP ABOUT TEACHING YOUR KIDS TO PRAY FIND TWO RESOURCES IN THE PACK.



Why do you think that Jesus so closely associates prayer with temptation?

What has stopped you experiencing a dynamic prayer life?

## THIS WEEK...



### LITTLES:

In the resource pack is a template to make a STOP prayer pyramid. Colour it in and get a grown-up to cut it out and glue it. Then play with it. When you land on S spend some time saying sorry to God for things you have done that have made him sad. When you land on T think of something to Thank God for. When you land on O spend time praying for others. And finally P stands for Please and you can ask God for the help and healing you might need.

### SCHOOL-AGE:

Make a prayer jar using the template in the resource pack. You will need an empty jam jar, some pens and anything you can find to decorate it, like ribbons and stickers etc!

### TEENS AND ADULTS:

Commit to praying for the next 40 days! In the resource pack is a list of 40 people. Each day ask the Holy Spirit to prompt your prayers. You may want to tell people that you are praying for them and ask them if they have any specific prayer requests, or even write down a prayer and send it to them!

# Lent 5

## Washing hands



### Grow...

Jesus stood before the Roman governor, who questioned him. "Are you the king of the Jews? Don't you hear all these things they accuse you of?" But Jesus refused to answer a single word, and the Governor was greatly surprised.

At every Passover Festival the Roman governor was in the habit of setting free any one prisoner. At that time there was a well-known prisoner named Barabbas. So Pilate asked them, "Which one do you want me to set free for you? Barabbas or Jesus called the Messiah?" He knew very well that the Jewish authorities had handed Jesus over to him because they were jealous.

While Pilate was sitting in the judgment hall, his wife sent him a message: "Have nothing to do with that innocent man, because in a dream last night I suffered much on account of him."

The chief priests and the elders persuaded the crowd to ask Pilate to set Barabbas free and have Jesus put to death. But Pilate asked the crowd, "Which one of these two do you want me to set free for you?" "Barabbas!" they answered. "What, then, shall I do with Jesus called the Messiah?" Pilate asked them. "Crucify him!" they all answered. But Pilate asked, "What crime has he committed?"

When Pilate saw that it was no use to go on, but that a riot might break out, he took some water, washed his hands in front of the crowd, and said, "I am not responsible for the death of this man! This is your doing!" Then Pilate set Barabbas free for them; and after he had Jesus whipped, he handed him over to be crucified. **Matthew 27**

### Come...

Set some challenges or chores around your home with a small reward for each one that is completed. Celebrate when each one is finished by explaining that the reward has been earned. Then explain that today's bible reading is all about Jesus and Barabbas who both didn't get what they deserved.

### Activity...

You will need a red pen and a black pen. On each person's hand draw a red circle on their palm, then with the black pen write their name next to the red circle. Jesus was perfect but he was about to take the punishment that was due for us. Spend time repenting, then wash your name off using warm soapy water in the knowledge that you are forgiven!

### Prayer...

Dear Father,  
Thank you that Jesus took our punishment. We are sorry for the things we do to hurt you, other people or ourselves. Thank you that you love us and forgive us. Amen



Did you know that 'Barabbas' means son of Abba (Father)? Jesus literally takes Barabbas' place. The same as us. He takes our place!

Why do you think Pilate didn't stand up to the crowds?

## THIS WEEK...



### LITTLES:

Make some coloured rice and let your child enjoy this sensory play. You will need to mix 1 cup of uncooked rice, 1/2 tsp vinegar and some food colouring in a ziplock. (repeat with as many colours as you fancy). Once it is mixed leave on a tray to dry over night, then let your little one play with the rice in a tray or bucket. To make it more fun find some bath toys or plastic cups to let them play with! They can re-enact this week's story.

### SCHOOL-AGE:

Use the cross template in the resource pack. You will need some embroidery thread and a needle. Push the threaded needle through the dots on the paper, up and down until the cross is covered with your embroidery thread going back and forth across the cross.

### TEENS AND ADULTS:

Spend time with each person in your family drawing around their right hand onto coloured paper. Cut them out so you have one hand shape for each person. Arrange and glue them on the sheet in the resource pack with the largest at the back and the smallest at the front. You can write their names on each hand and frame the finished picture!

# Lent 6

## Crucifixion



### Grow...

The soldiers led Jesus away, and as they were going, they met a man from Cyrene named Simon. They seized him, put the cross on him, and made him carry it behind Jesus. A large crowd of people followed him; among them were some women who were weeping and wailing for him.

Two other men, both of them criminals, were also led out to be put to death with Jesus. When they came to the place called "The Skull," they crucified Jesus there, and the two criminals, one on his right and the other on his left. Jesus said, "Forgive them, Father! They don't know what they are doing."

They divided his clothes among themselves by throwing dice. The people stood there watching while the Jewish leaders made fun of him: "He saved others; let him save himself if he is the Messiah whom God has chosen!" The soldiers also made fun of him: they came up to him and offered him cheap wine, and said, "Save yourself if you are the king of the Jews!" Above him were written these words: "This is the King of the Jews."

One of the criminals hanging there hurled insults at him: "Aren't you the Messiah? Save yourself and us!" The other one, however, rebuked him, saying, "Don't you fear God? You received the same sentence he did. Ours, however, is only right, because we are getting what we deserve for what we did; but he has done no wrong." And he said to Jesus, "Remember me, Jesus, when you come as King!" Jesus said to him, "I promise you that today you will be in Paradise with me." **Luke 23**

### Come...

You will need some cocktail sticks and something soft that can act as a crown of thorns (like a loaf of bread, a florists ring, or even a ring of playdough). As you talk through this story each person should push a cocktail stick into the 'crown' when they hear something that has made them feel sad or that they think would have hurt Jesus.

### Prayer...

Spend a moment being silent after each line:  
Dear Father,  
Thank you that Jesus died to save me.  
Sorry for all the things that I have done that have stopped me being your friend.  
Thank you that you forgive me.  
Amen



### Activity...

In the resource pack are some cards that explain the stations of the cross. Cut them out and lay them on a table so everyone can see them all. See if you can work as a team to put them all in the right order. NOTE: put the last card in an envelope (to keep for next week) and explain that this isn't the end of the story yet!!!



Is there unforgiveness or unrepentance in your own life that is stopping you experience the fullness of Jesus?

Why do you think we call it 'Good Friday'?

## THIS WEEK...



### LITTLES:

In the resource pack is a template to make a brightly coloured cross. Your child can paint all over it with finger paints making it as bright and beautiful as possible. Then cut a window out of the cross shape and fold the card in half to reveal a beautiful coloured cross. Why not make a few and give them to people for Easter!

### SCHOOL-AGE:

Go and collect some sticks from your garden or a park. The straighter the better! Then with some string tie them together to make a cross shape. In the resource pack you will find some tags that you can tie onto your crosses. Then place them around your community to encourage and bless people.

### TEENS AND ADULTS:

There is a meditation in the resource pack. You may find it helpful as you spend time this week dwelling on the enormity of the cross. Perhaps you could listen to some worship music (Oh the blood by Kari Jobe or In Christ alone by Stuart Townsend) that helps you articulate your feelings. Allow Jesus to meet you afresh in these times.

# Lent 7

## Alive



### Grow...

On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb, but when they entered, they did not find the body of the Lord Jesus.

While they were wondering about this, suddenly two men in clothes that gleamed like lightning stood beside them. In their fright the women bowed down with their faces to the ground, but the men said to them, "Why do you look for the living among the dead? He is not here; he has risen! Remember how he told you, while he was still with you in Galilee: 'The Son of Man must be delivered over to the hands of sinners, be crucified and on the third day be raised again.'" Then they remembered his words.

When they came back from the tomb, they told all these things to the Eleven and to all the others. It was Mary Magdalene, Joanna, Mary the mother of James, and the others with them who told this to the apostles. But they did not believe the women, because their words seemed to them like nonsense. Peter, however, got up and ran to the tomb. Bending over, he saw the strips of linen lying by themselves, and he went away, wondering to himself what had happened. **Luke 24**



Why do you think Jesus revealed himself to the women first?

Are there things Jesus has said to you that you have forgotten?

### Come...

Make a Pass the Parcel with a box of chocolates in the middle (alongside the envelope from last week). In each layer use one of the cards from last week. As you play pass the parcel the person who undoes the first layer has to tell the story pictured on the card they have just found, whilst the parcel carries on being passed on. Once they finish the parcel stops and another layer and card is revealed. Carry on until you have told the story and the final 'surprise' is revealed!

### Activities...

In the resource pack are some water flowers. Each person will need to cut one out and write their name in the middle. Then fold each one of the four petals into the centre. Now fill up a large bowl of water and carefully place the flowers on the water surface. Watch the water open them out bringing them to life just like he brings us to new life!

In the resource pack are some footprints. Cut them out and put them in your shoes as a sign that you want to bring the good news just like the women at Jesus' empty tomb!

### Prayer...

Dear Father,  
Thank you for raising Jesus back to life and beating death! We are so happy to celebrate that Jesus is our Lord and our Saviour!  
Amen



## THIS WEEK...



### LITTLES:

Make some egg cress flowers by using old egg shells and an egg carton. Put empty egg shells in the carton and put a cottonwool ball in each shell. Now gently water them so that the cottonwool is damp and sprinkle on some cress seeds. Watch as they grow into new life and remember that Jesus offers us a new life!

### SCHOOL-AGE:

Easter eggs are a reminder to us of Jesus' new life. Use some air-drying clay, or if you don't have any use the template in the resource pack. Make egg shapes, wait for them to dry and paint them in bright colours. Then hang them up on a branch.

### TEENS AND ADULTS:

Who said children could have all the fun?! Enjoy making some Easter cupcakes with chocolate crosses. There is a recipe in the resource pack that you can spend making and eating!



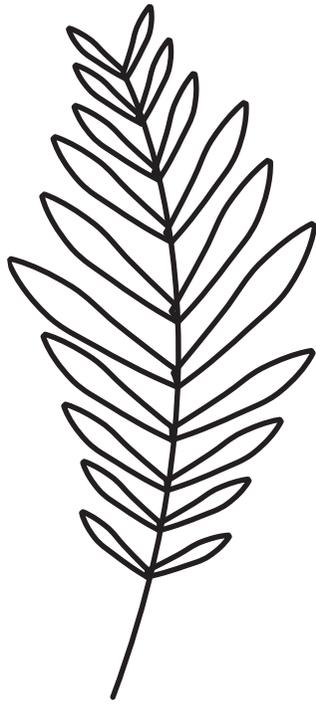
If you are interested in any more Church-at-Home products head to [www.childrensministryconsultant.com](http://www.childrensministryconsultant.com)

Hosanna

Hosanna

Hosanna

*in the highest*

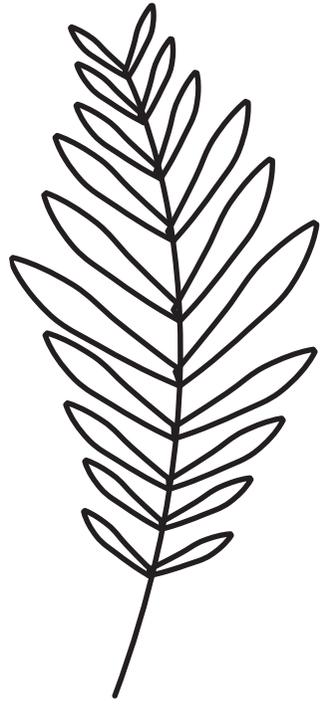


Hosanna

Hosanna

Hosanna

*in the highest*

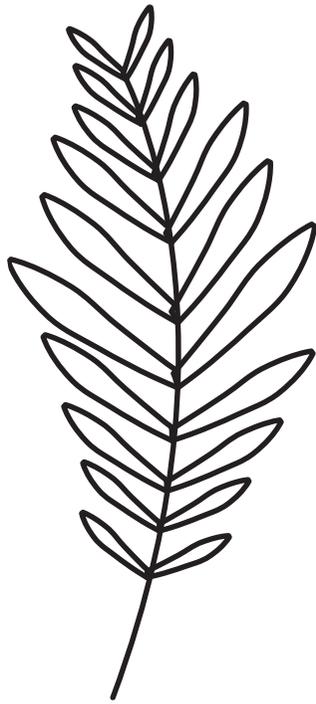


Hosanna

Hosanna

Hosanna

*in the highest*

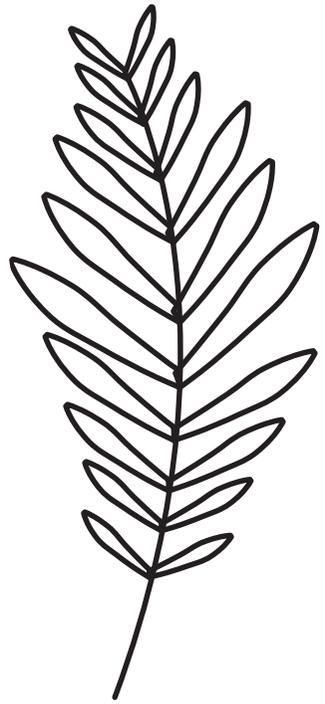


Hosanna

Hosanna

Hosanna

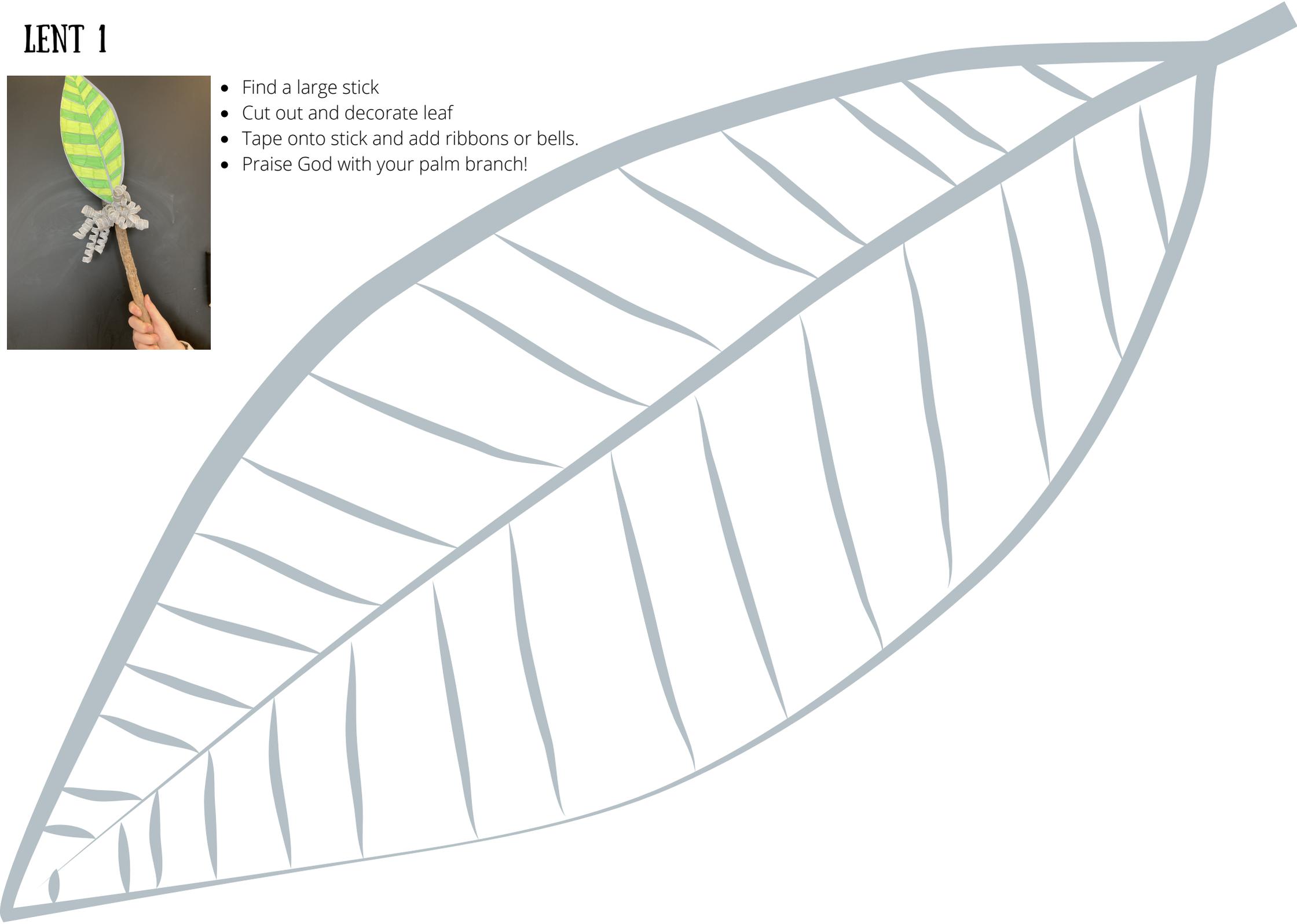
*in the highest*



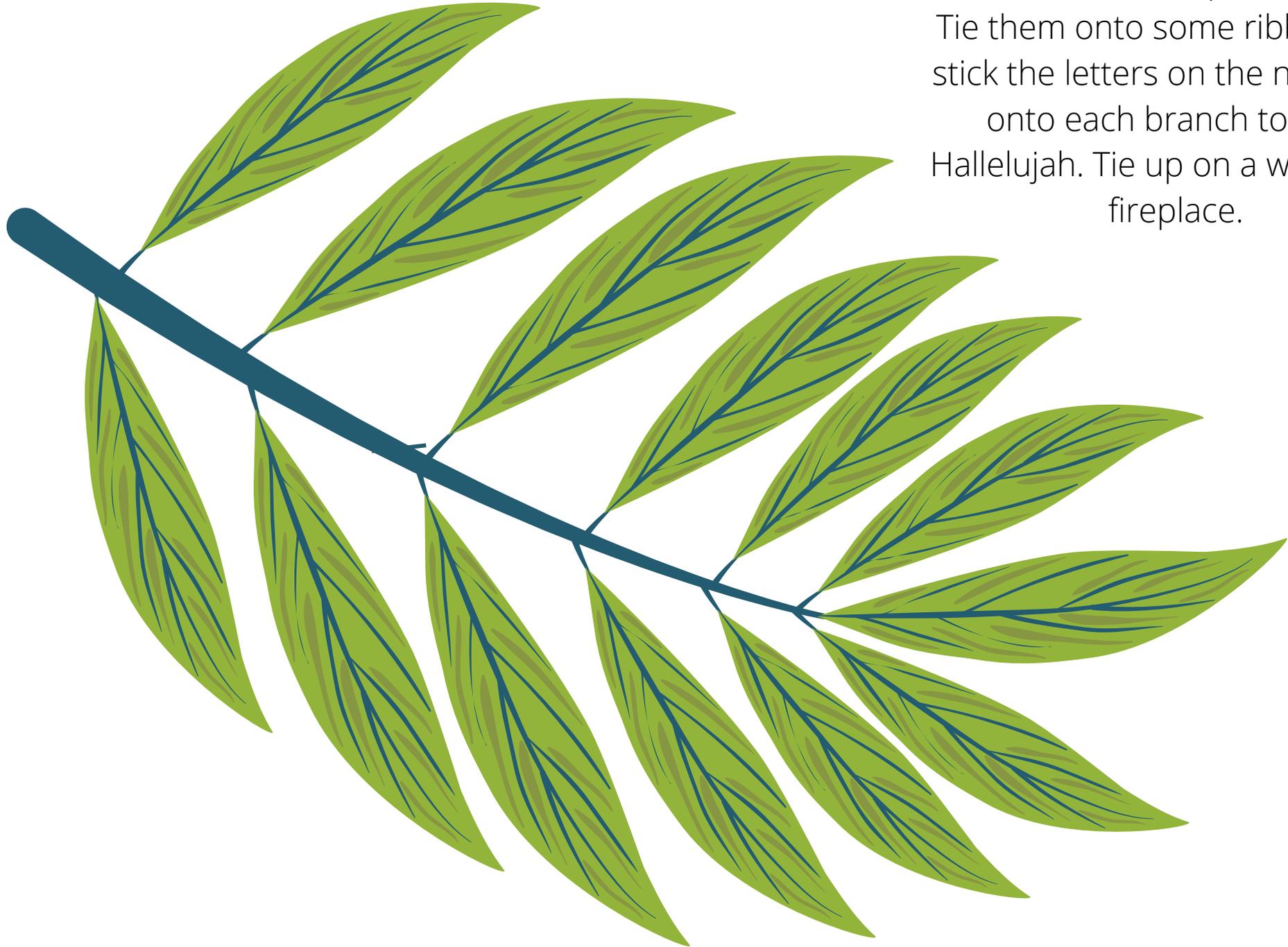
# LENT 1



- Find a large stick
- Cut out and decorate leaf
- Tape onto stick and add ribbons or bells.
- Praise God with your palm branch!



# LENT 1



Print this out 10 times and cut around to make 10 palm branches. Tie them onto some ribbon, and stick the letters on the next page onto each branch to spell Hallelujah. Tie up on a window or fireplace.

LENT 1

H A L L E

U L L A H



# LENT 1

Prince of  
peace

Faithful

Lion of  
Judah

Redeemer

The vine

Emmanuel

Good  
shepherd

Lord of all

Risen

Mighty  
God

King of Kings

Judge

Messiah

Saviour

The Truth

wonderful  
councillor

Friend

Mediator

Creator

Son of God

Lamb  
of God

Light of  
the world

Mighty one

The life

Son of Man

Author and  
perfecter

Alpha

Hope

The door

Omega

Deliverer

Great high  
priest

Peace

The way

Victorious

cornerstone

The Rock

Prophet

The word

Supreme



**20 acts of kindness**

**Donate toys or clothes**

**PICK UP LITTER IN YOUR LOCAL PARK**

*Smile at everyone you pass*

**Drop some cookies into your local hospital to encourage the doctors and nurses**

**OFFER TO WASH YOUR NEIGHBOUR'S CAR**

**TAPE SOME COINS TO A VENDING MACHINE**

**Let someone in front of you in a shop or on the road**

**Send cards to the residence of your local old people's home**

**walk a dog**

**Cook a meal for a single person**

*Leave positive reviews for local businesses*

**TAKE YOUR NEIGHBOURS' BINS OUT FOR THEM**

**Thank people**

**MAKE CAKES FOR YOUR BIN MEN**

**PAY FOR SOMEONE'S COFFEE IN THE LINE BEHIND YOU**

**DONATE FOOD TO YOUR LOCAL FOODBANK**

**Send a care package to some missionaries**

**Buy a bag of groceries for a family who are struggling**

**Donate blood**

**LEAVE A TREAT FOR YOUR POSTMAN**

# LENT 2



## Chocolate bark and gift box

Melt chocolate by chopping it up, putting in a bowl and heating for 30 second in a microwave.

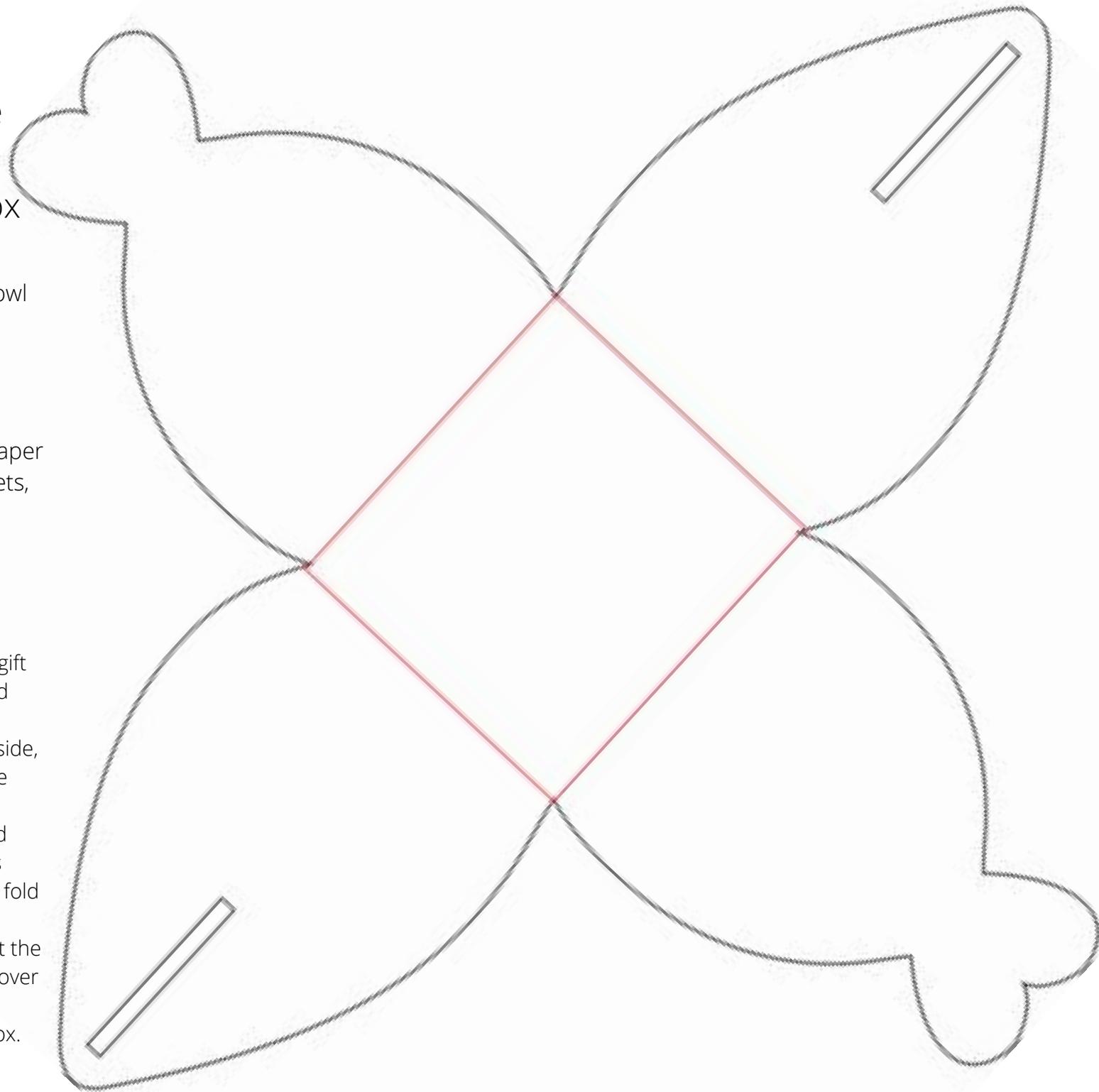
Take it out, stir and repeat until melted.

Spread the melted chocolate on some baking paper and sprinkle on some toppings (dried fruit, sweets, sprinkles, nuts etc). Leave it to dry for 3 hours.

When it is dry snap it up ready for your gift box.



To make your gift box cut around this template, decorate one side, then fold in the sides with the hearts first and fold the hearts together, then fold the other two sides in and let the slots squeeze over the hearts to secure your box.



# LENT 2

People to pray for...

'AS EACH OF US  
HAS RECEIVED A

*gift*

USE IT TO

*serve*

People to phone...

People to encourage...

ONE ANOTHER AS GOOD  
*Stewards*

People to who need  
healing...

OF GOD'S VARIED GRACE'

1 Peter 4.10

People who lack...

Those I love...

# LENT 3

## Easter Bingo

 Disciples	 Blood	 Sang	 Bread	 Disciples	 Blood	 Sang	 Bread
 City	 2 disciples	 Die	 Covenant	 City	 2 disciples	 Die	 Covenant
 Mount	 Wine	 Upset	 Table	 Mount	 Wine	 Upset	 Table

 Disciples	 Blood	 Sang	 Bread	 Disciples	 Blood	 Sang	 Bread
 City	 2 disciples	 Die	 Covenant	 City	 2 disciples	 Die	 Covenant
 Mount	 Wine	 Upset	 Table	 Mount	 Wine	 Upset	 Table

# LENT 3

## Friendship Necklace

You will need some string or wool, two marshmallows for each necklace and lots of Cheerios.

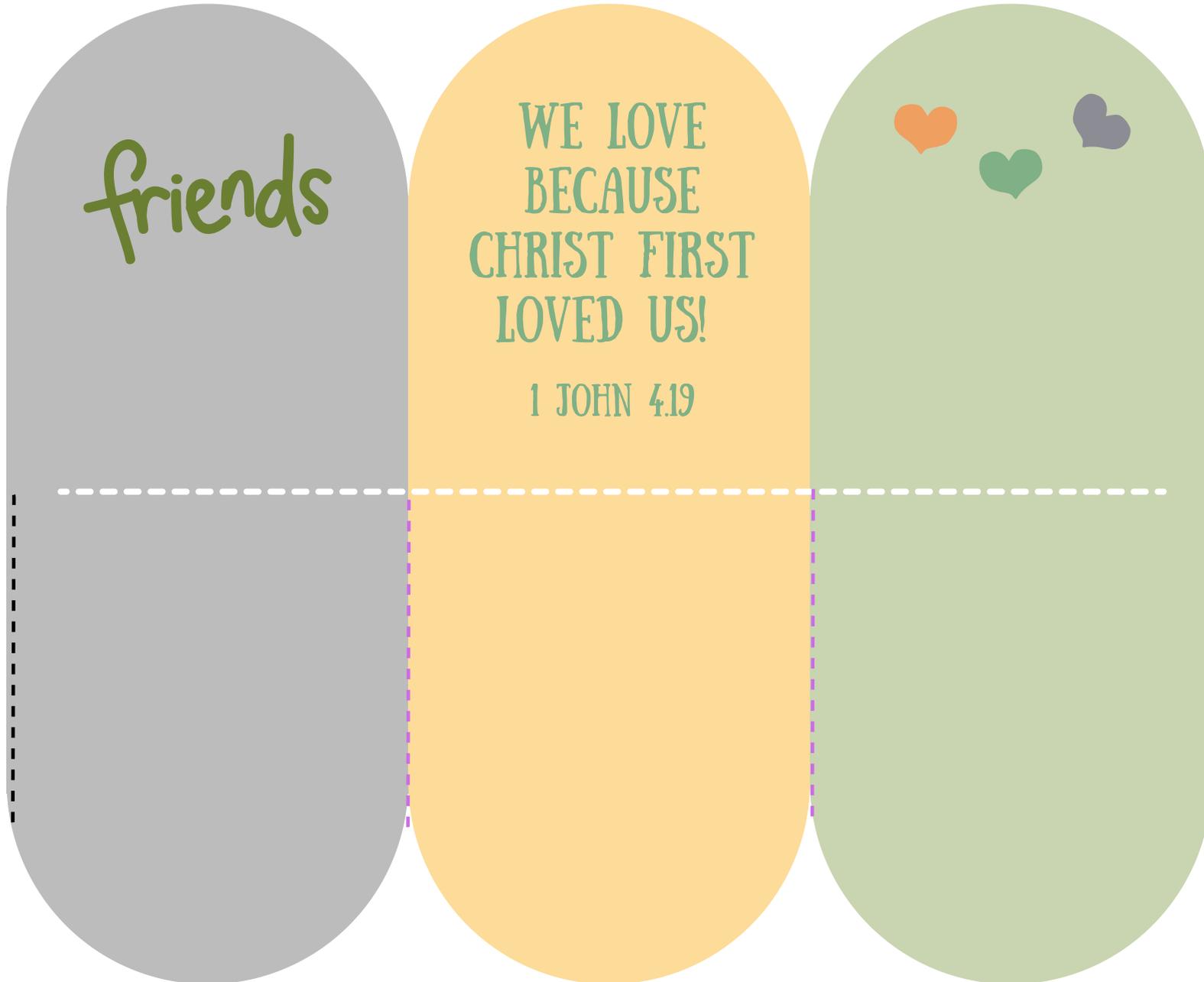
An adult will need to thread the string through the first marshmallow (You can do it with an embroidery needle or by skewering a hole through the marshmallow and threading the ribbon through).

Next let your child use their fine-motor skills to thread Cheerios onto the string. Finally an adult will need to thread the last marshmallow on and tie it together to make the finished Friendship Necklace.

Who are you going to give yours to?



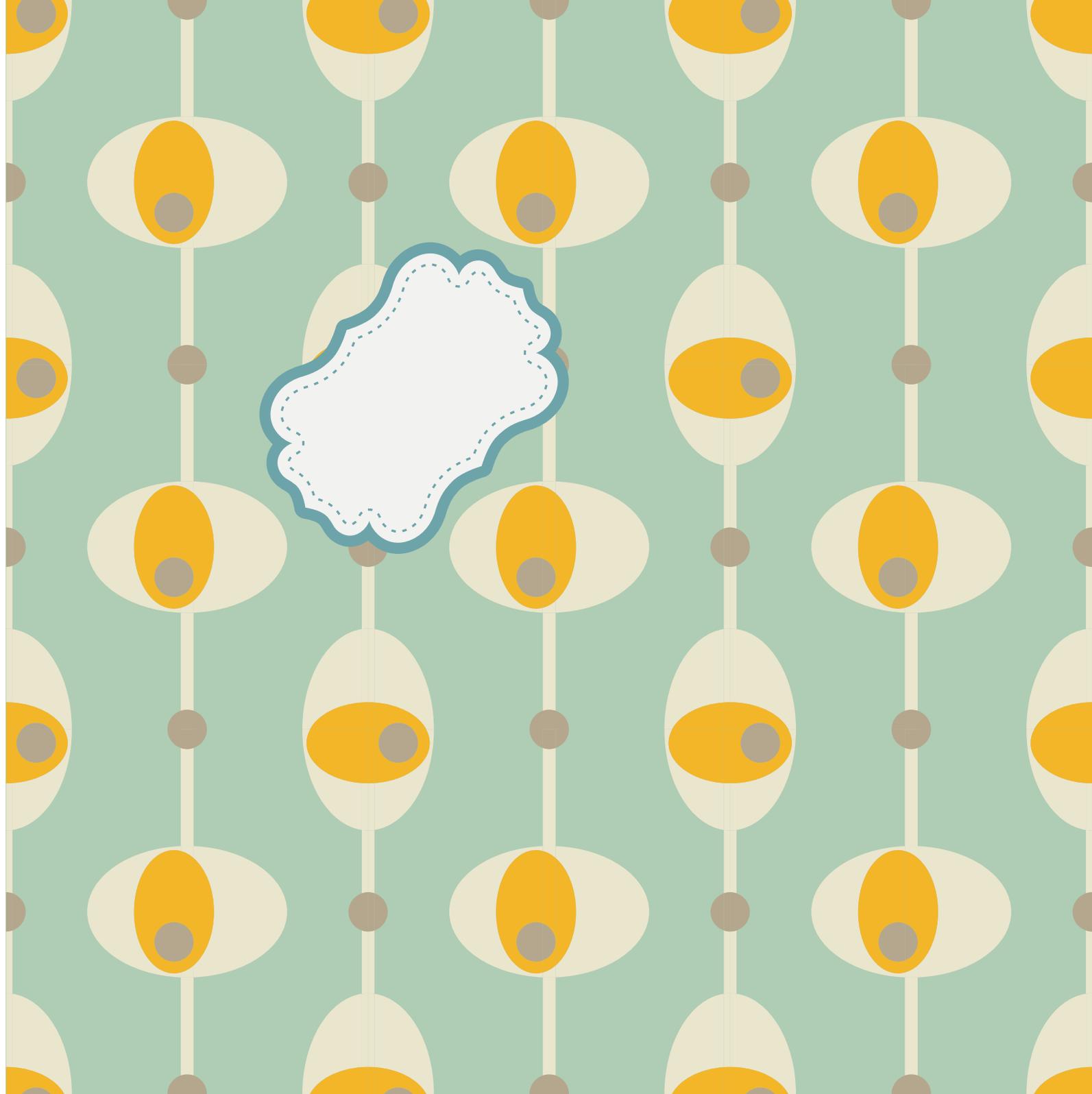
Cut out the full shape below and fold along the dotted white line.  
Glue on the back of the black and pink dotted lines and fold it shut.  
Fill each pocket with a sweetie.  
Glue the curved edge closed on each colour.  
With a pin make a hole down the pink dots to make them serrated.  
Give them to your friends as a reminder of your friendship.



# LENT 3

## Envelope

Cut this square out and write your encouraging note on the plain side. Then follow the instructions to fold it into an envelope to send.



# LENT 4    Sensory Prayer

You may want to gather some of these things up before your time together, or make it a fun activity where everyone goes around the house hunting for these items.

You can decide if you lay them all on the floor and let your family walk on them (like a barefoot sensory walk), or if you leave them on the table for people to touch and feel as they pray.

Use the cards below to prompt your prayers and ask God to speak through your senses.

## Soft and cuddly

(like a teddybear, a cushion, pompoms etc)

To remind us of the people we love.  
Pray for your family and friends.  
Thank God for them.

## Reflective

(like a mirror, CDs, some foil)

To remind us to pray for ourselves.  
Pray for your needs, your plans and  
dreams.

## Prickly

(like a scourer or some lego pieces)

Pray for people who irritate us and  
wind us up. Ask God to help you and  
them be better friends.

## Food wrapping

(bottles, cans, plastic dishes)

Pray for our environment, ask God to  
help us be more proactive in caring  
for the world.

## Books

(books, magazines etc)

Pray for those who teach us:  
Headteachers, teachers, Pastors,  
sunday school leaders etc.

## Gentle

(towel, blanket, bubble wrap)

Pray for those who care for  
other people, like doctors,  
nurses and care-workers.

## Hard

(like stones or gravel)

To remind us to pray for people who  
are having a hard time, those who  
are struggling or those who are  
hurting.

## LENT 4 Praying with your kids

In Ephesians 4.11 Paul says that 'Christ gave the apostle, the prophet, the evangelist, the pastors and teachers to equip the church'.

It is incredibly powerful to start naming and recognising these gifts in your own children and prayer is a perfect opportunity. Ask your child about their day and use these gifts to pray with them.



**APOSTLE:** Anytime your child has shown initiative, thought about things in a different way, tried to fix a problem, been a leader - these are times you pray a releasing of the gift of apostleship.



**PROPHET:** Anytime your child is frustrated by the status-quo, hears from God, has been hurt by people's wrong behaviour, this is the prophetic rising up in your child. Pray and ask God to speak to your child (you could use the next exercise to help them).



**EVANGELIST:** When your child is sad about people's behaviour, or can see that God needs to fix a problem pray and encourage their evangelistic side to grow and develop. Teach your child to share their story and tell people about Jesus.



**PASTOR:** When they see someone hurting, or ill, or shy this is the time when you thank God for their tender-heart and pray a flourishing of their pastoral side. Teach them to bring their concerns and thoughts to God rather than carrying it themselves.



**TEACHER:** As you see your child standing up for truth, teaching other's or sad about other's dishonesty, help them read scripture to draw their thoughts together and seek God for his wisdom as they display this gift.

## Hearing the voice of God

1

Find a quiet space - bedtime is perfect to start!

2

Say sorry to God for the things that you have done wrong

3

Ask God to clear your mind so you can hear from him

4

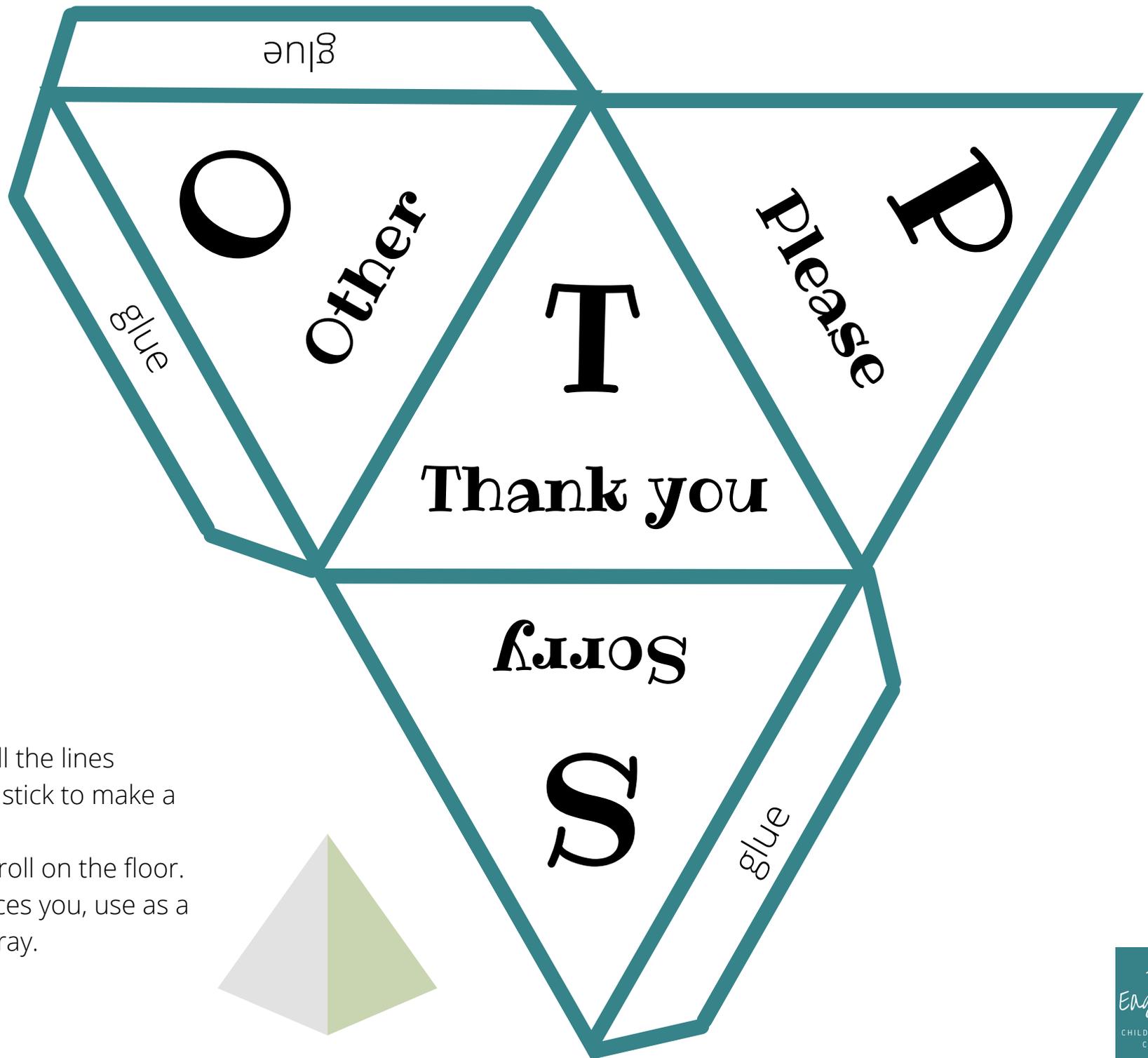
Quietly wait for God to speak through the Bible, visions, pictures, feelings, dreams, an audible voice...

(You could start in the Psalms)

5

Thank God for speaking to you, and always check that what you have heard is in line with scripture

# LENT 4

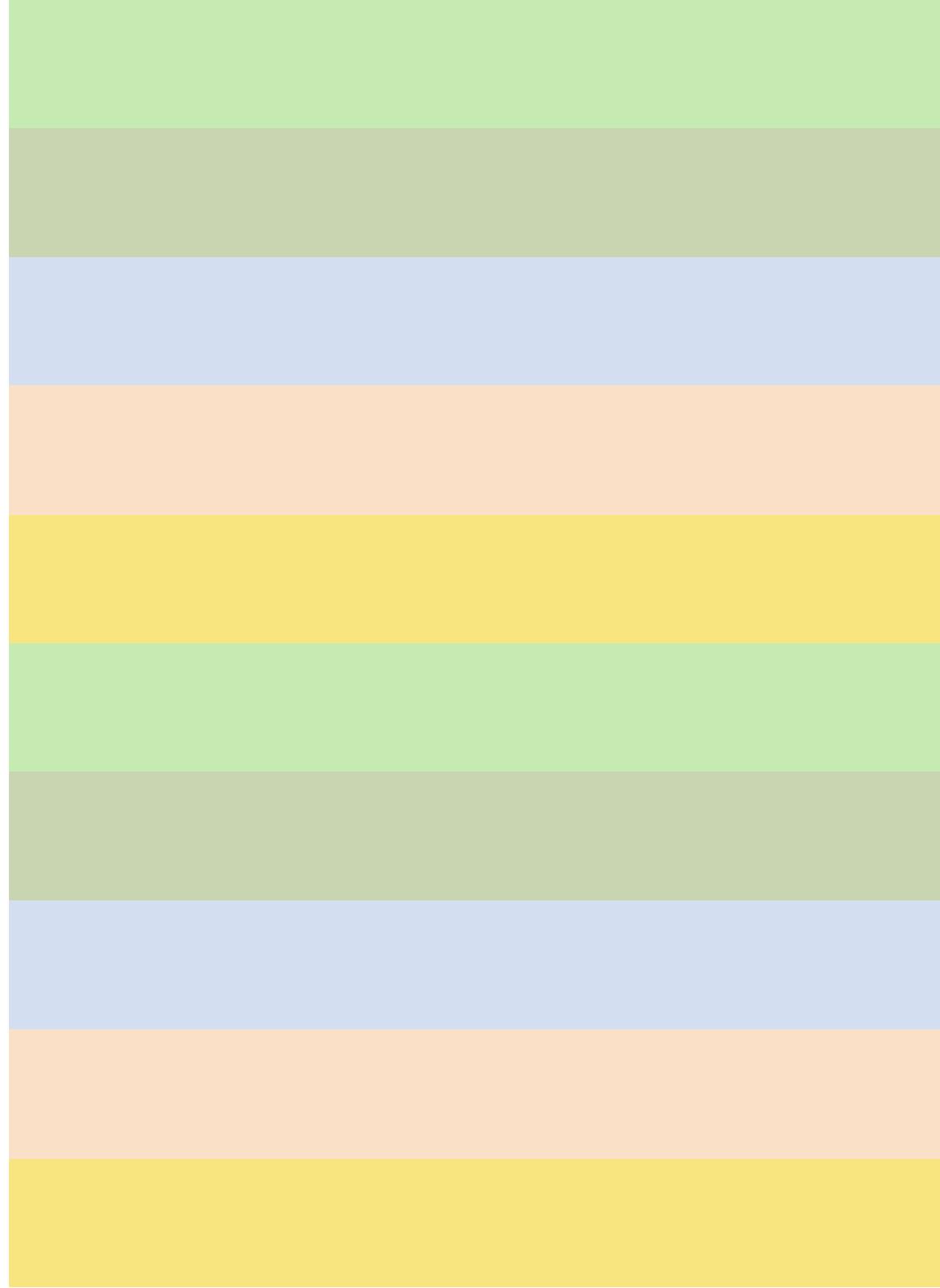
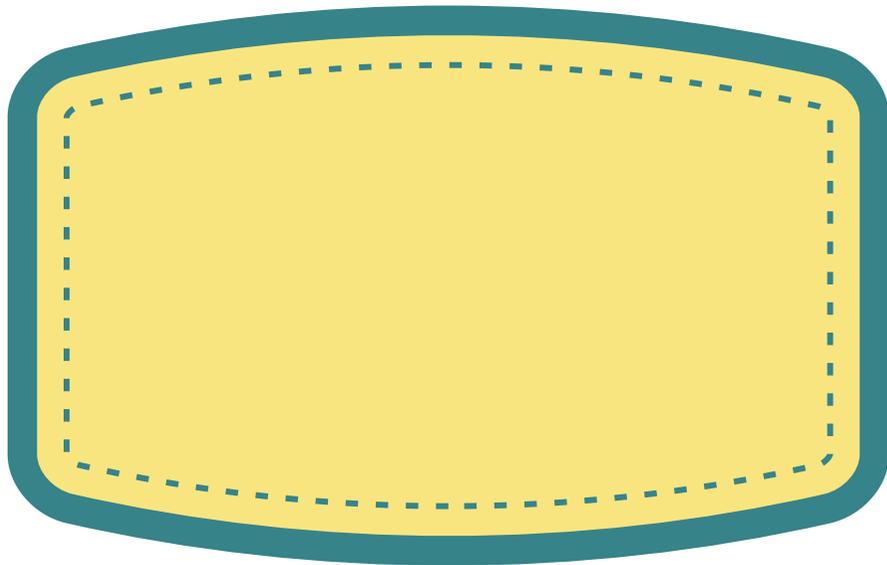


- Print onto card
- Decorate
- Cut out and fold all the lines
- Glue the tabs and stick to make a pyramid shape
- Take it in turns to roll on the floor. Whichever side faces you, use as a starting point to pray.

## Prayer Jar

Decorate an empty jam-jar with the label below and any stickers or ribbons you can find.

Use lolly-sticks or cut out these strips to write people's names on. Each day pull a name out of the jar and pray for them.



LENT 4

# 40-DAYS OF PRAYER

**Day 1**  
Church Leaders

**Day 2**  
Teachers

**Day 3**  
The homeless

**Day 4**  
Church friends

**Day 5**  
Doctors

**Day 6**  
Your cousins

**Day 7**  
Local Councillors

**Day 8**  
Someone who is ill

**Day 9**  
Police

**Day 10**  
Your parents

**Day 11**  
The army

**Day 12**  
Your pastor

**Day 13**  
The Queen

**Day 14**  
Head teacher

**Day 15**  
Fire-fighters

**Day 16**  
Your siblings

**Day 17**  
The government

**Day 18**  
Refuse collectors

**Day 19**  
Lonely people

**Day 20**  
Nurses

**Day 21**  
Your best friend

**Day 22**  
The prime minister

**Day 23**  
Foster children

**Day 24**  
The fearful

**Day 25**  
Your classmates

**Day 26**  
Your boss

**Day 27**  
Your neighbours

**Day 28**  
Youth leaders

**Day 29**  
The poor

**Day 30**  
Your colleagues

**Day 31**  
Children's leaders

**Day 32**  
University Students

**Day 33**  
Shop Keepers

**Day 34**  
Unwell people

**Day 35**  
World leaders

**Day 36**  
Foodbanks

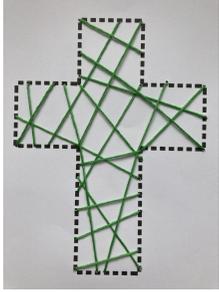
**Day 37**  
Para-medics

**Day 38**  
The Bishop

**Day 39**  
Social Workers

**Day 40**  
Yourself

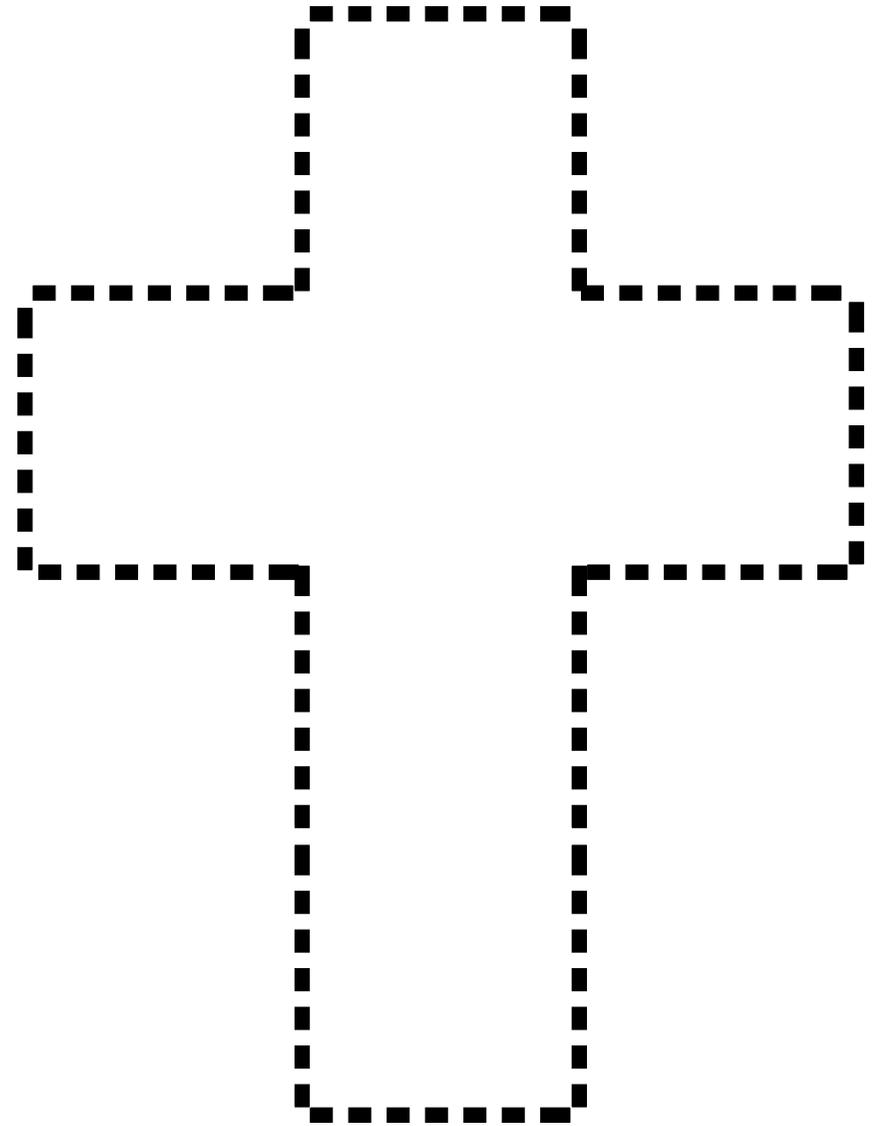
# LENT 5



## You will need:

- Some embroidery thread
- A needle
- A copy of this sheet printed onto card

Begin at the back of the cross pushing the threaded needle up through one of the dots on the cross. Tape it in place at the back, then cross back and forth all over the cross shape until you have run out of thread or you like how it is finished. Tape the final end in place at the back of the cross. You could fold this sheet in half and give it as an Easter Card to someone!



*Gather together with clean  
hands and a pure heart*

*Psalm 24.4*

# LENT 6



Palm Sunday



Judas betrays Jesus  
for 30 pieces of silver



Jesus washes the  
disciples feet



The last supper



Jesus Prays on the  
mount of olives



Peter cuts of a soldier's  
ear. Jesus heals him.



Pilate can't find anything  
wrong with Jesus, so he  
washes his hands of him.



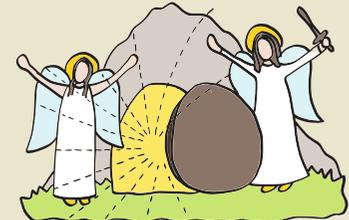
The soldiers make  
Jesus a crown of  
thorns



Jesus forgives the  
criminal on the cross



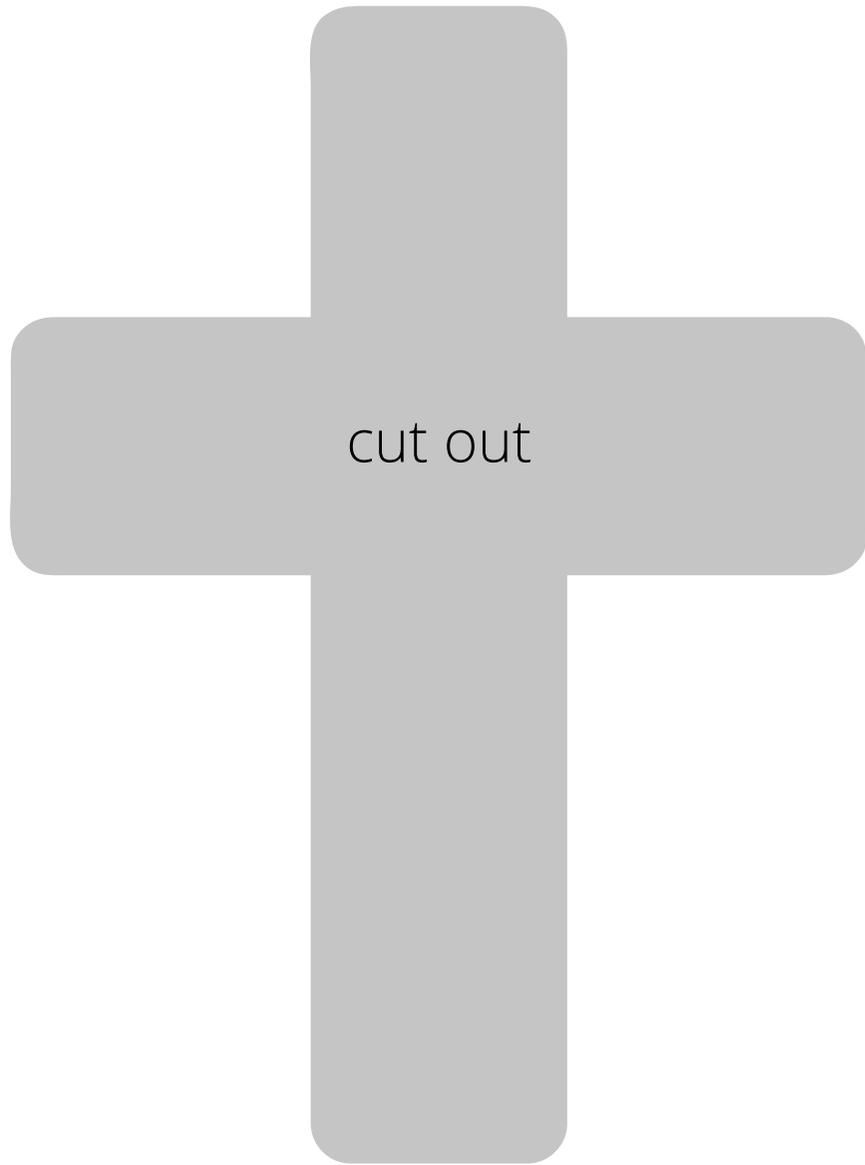
Jesus dies



Jesus is alive!!!!

# LENT 6

Let your little one finger-paint all over this side of the paper. When they are finished cut a hole in the cross and fold down the orange dotted line to reveal their colourful cross



# LENT 6

Tie two sticks together with string to make a cross shape. Add the tag below and leave around your neighbourhood!



'For God so loved the world that he sent his one and only Son, so that whoever believes in him shall not die but have eternal life' John 3.16

'For God so loved the world that he sent his one and only Son, so that whoever believes in him shall not die but have eternal life' John 3.16

'For God so loved the world that he sent his one and only Son, so that whoever believes in him shall not die but have eternal life' John 3.16

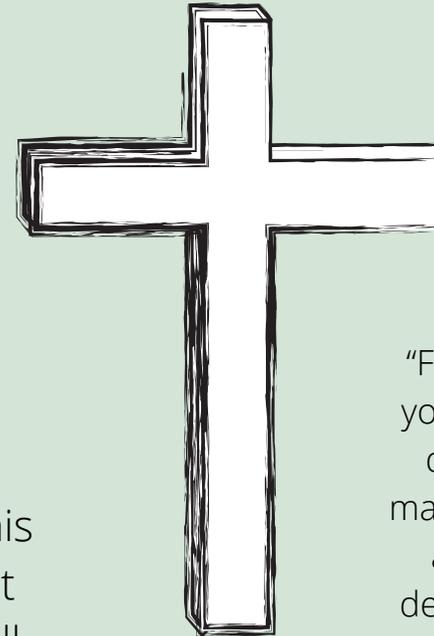
'For God so loved the world that he sent his one and only Son, so that whoever believes in him shall not die but have eternal life' John 3.16

## The Cross Meditation

Spend time looking at these bible passages. Circle words that are important to you, underline themes that speak to you, write prayers over this sheet and ask God to reveal himself to you.

"Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me'" (John 14:6)

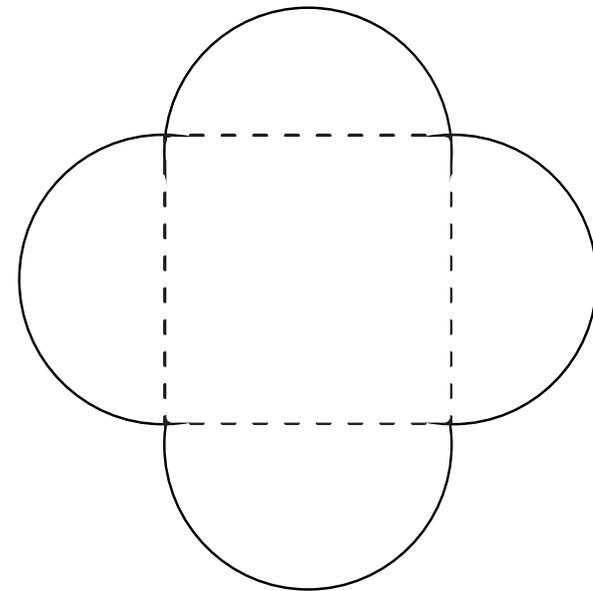
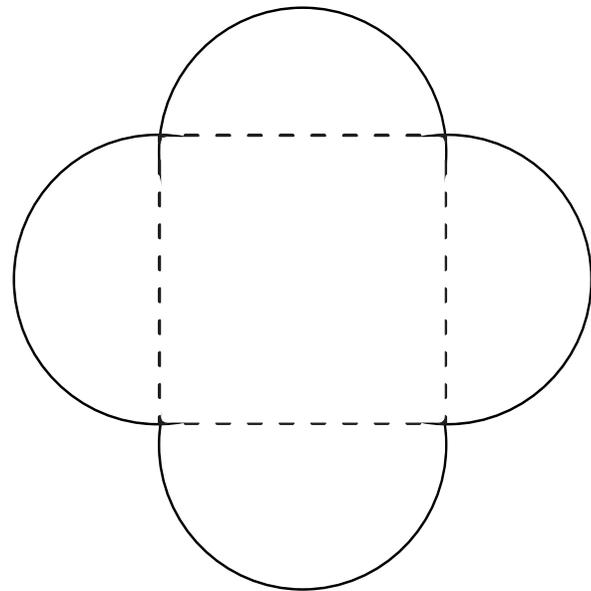
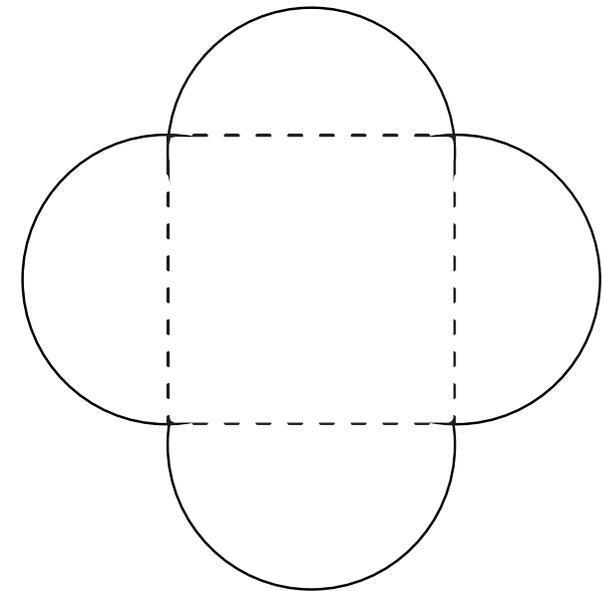
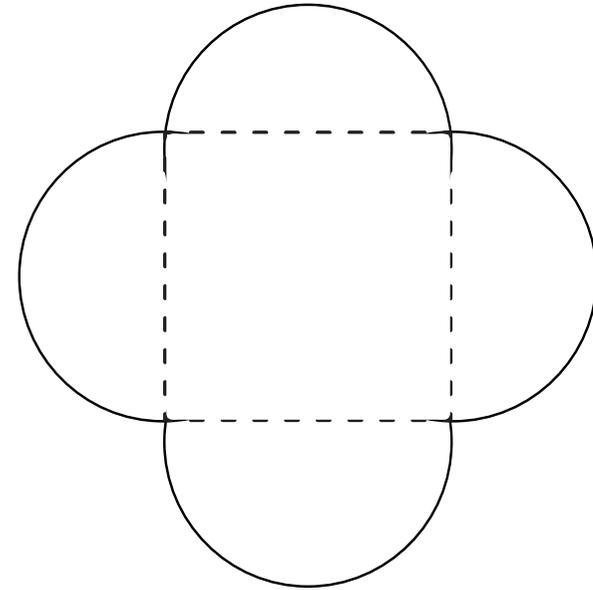
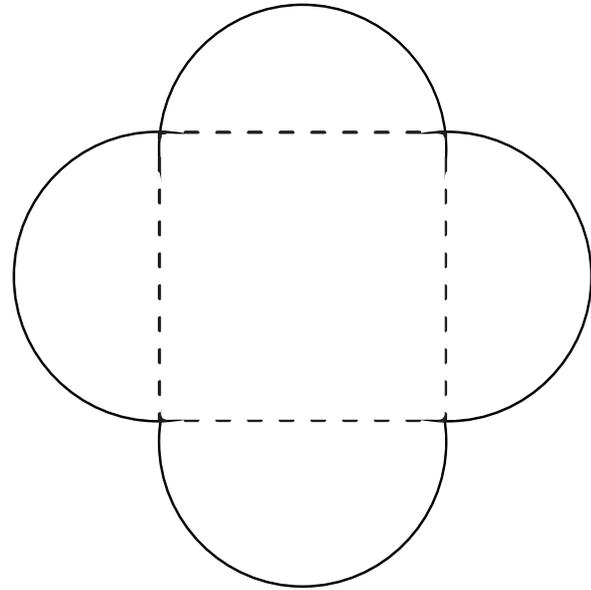
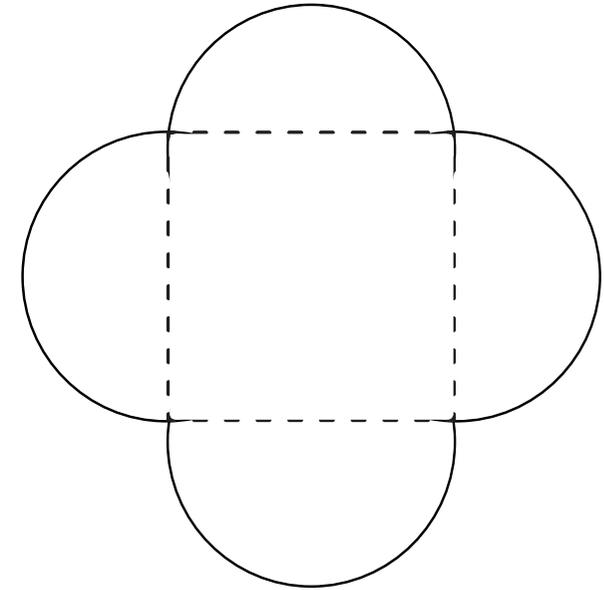
"But God shows his love for us in that while we were still sinners, Christ died for us... For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord" (Rom. 5:8 and 6:23)



"All have sinned and fall short of the glory of God" (Rom. 3:23)

"For he grew up before him like a young plant, and like a root out of dry ground; he had no form or majesty that we should look at him, and no beauty that we should desire him..." "But he was wounded for our transgressions; he was crushed for our iniquities; upon him was the chastisement that brought us peace, and with his stripes we are healed. All we like sheep have gone astray; we have turned—every one—to his own way; and the LORD has laid on him the iniquity of us all" (Is. 53:2 and 5-6)

# LENT 7



Cut out each shape, write your name in the centre and fold in along the dotted lines. Place gently on water and watch them unfold, revealing your name! Remember the new life Jesus offers us!

# LENT 7

Cut out so each person has one  
to put in their shoe!

'How beautiful are the feet  
of those who bring good news'

ROMANS 10.15

'How beautiful are the feet  
of those who bring good news'

ROMANS 10.15

## Cress Eggs

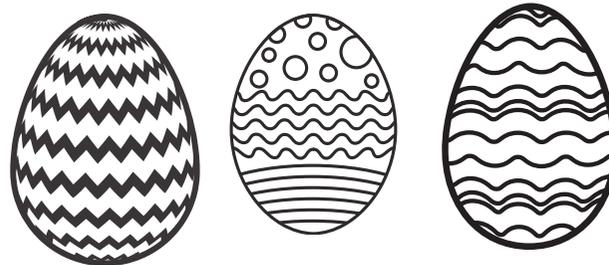
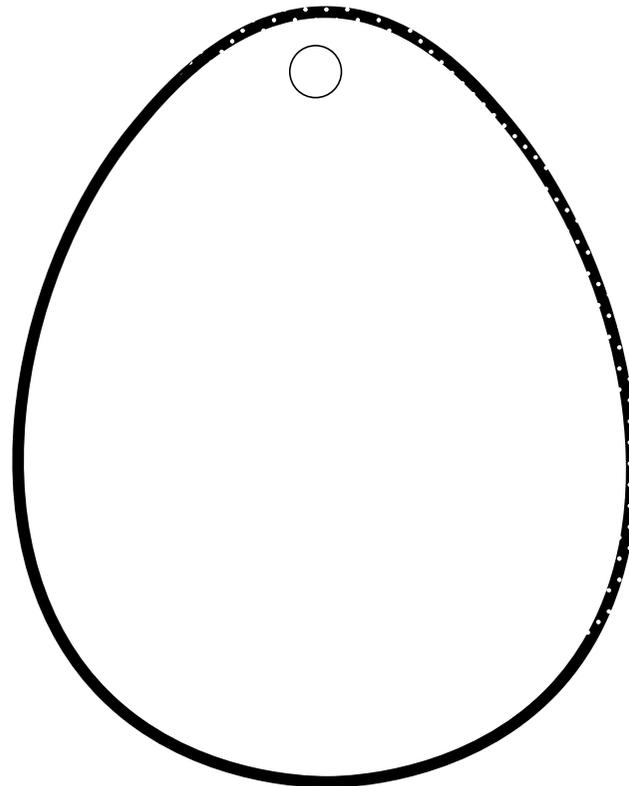
Make cress eggs by using old eggs shells and an egg carton. Place cottonwool balls in each shell. Sprinkle with water and add cress seeds. Attach the sign below to the carton and watch the cress grow! You will need to keep them warm and damp.



**Jesus**  
gives us  
new life!

## Easter Eggs

Cut this egg shape out of card or clay. Decorate and hang on some branches to remember the new life Jesus offers us!



## Cup Cake Recipe

For the cakes you will need:

- 3 Eggs
- 150g Butter
- 150g Sugar
- 150g Self raising flour

For the icing you will need:

- 50g Butter
- 1-2 tbs Milk
- 100g Icing Sugar
- Green Food Colouring
- 50g Dark Chocolate

Mix the eggs, butter, sugar and flour until well combined. Divide between 10 cupcake cases and bake for 25 minutes in 180 degree oven.

Whilst the cakes are cooking, melt the chocolate carefully and pipe or drizzle onto baking paper to create cross shapes. Leave to dry.

Mix up the remaining ingredients to make the icing. Once the cakes are cooled cover with green icing and insert a chocolate cross.

