

this month's newsletter:

- Happy Easter
- Lent & Easter Donations - Thank you!
- New Foodbank Figures
- Low Stock Appeal
- Photos From Pop-Up Cooking

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www.westcheshire.foodbank.org.uk

Lent & Easter Donations – Thank You!



A Happy Easter from the team at West Cheshire Foodbank. Thank you for your continued donations and support!

A huge thank you to Helen and everyone who donated to the “Friends of St Martin's Academy” Easter Egg collection! The donations were divided between West Cheshire Foodbank and the Children's Unit at the Countess of Chester Hospital.

Also, thank you to everyone who took part in our "40 for 40" and "AdLent Calendar" campaigns over the Lent and Easter period. Your support was hugely appreciated! If you got involved in these or similar activities to collect food or raise money for Foodbank let us know on social media so we can share and encourage others to take part in future campaigns.

To learn more about donating to us online you can visit our website:

westcheshire.foodbank.org.uk/donate-money



Picture source:

<https://twitter.com/HelenRainbird2/status/1118831310968184832>

Photos from Pop-Up Cooking



Left are a couple of photos from a recent "Pop-Up Cooking" in E. Port. In the session shown, Christina and Juliet were joined by Linda from the CWAC Poverty Truth Commission “inspirers”, serving different types of Quesadilla (a Mexican Tortilla dish) and giving out packs for people to take away to learn how to make them at home.

New Foodbank Figures

"There has been a 22 per cent increase in the number of emergency food parcels given to local people in the last year. West Cheshire Foodbank, which distributes food parcels to individuals and families throughout Chester and Ellesmere Port, has given out 9,651 food parcels in the past 12 months

The three day emergency food parcels were distributed to local people between April 2018 - March 2019. And a staggering 3,552 of the recipients - more than a third – were children.

The local Foodbank's figures feed into a larger national picture with a record increase in foodbank use across the UK reported this month by the Trussell Trust.

West Cheshire Foodbank is backing calls from the Trussell Trust to ensure the benefits system is able to protect people from poverty."

To read the rest of this article including a statement from West Cheshire Foodbank trustee Ian Oulton concerning the effect Universal Credit is having on the recent statistics, you can visit our website at:

<https://westcheshire.foodbank.org.uk/2019/04/29/new-end-of-year-statistics/>

Official figures and details about use of Foodbanks over the last year, across the UK, can be found at the Trussell Trust website: <https://www.trusselltrust.org/news-and-blog/latest-stats/end-year-stats/>



Low Stock Appeal!

We are currently quite low on food in our warehouse. If you are thinking of donating we would be very grateful to receive any of the following items on our Shopping list. Thank you!

TINNED MEAT / FISH

TINNED VEGETABLES

TINNED POTATOES

TINNED TOMATOES

CUPPA SOUPS

POT NOODLES

INSTANT PASTA

PASTA SAUCE

INSTANT MASHED POTATO

TINNED / INSTANT CUSTARD

TINNED FRUIT

BISCUITS

JAMS AND SPREADS

UHT MILK

UHT FRUIT JUICE

INSTANT COFFEE